

WELCOME TO THE WORLD OF DRY FRUITS



سامي خان انترناشيونال للتجارة العامة ش.ذ.م.م

**SAMI KHAN INTERNATIONAL
GENERAL TRADING L.L.C**

www.pinenuts.ae

**Suppliers of Pinenuts Kernel, Pinenut Shell, Dry fig,
Pistachio, Dry Apricot, Dry Dates, Almonds, Raisins**



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BEST QUALITY PINES



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SAMI KHAN INTERNATIONAL GENERAL TRADING L.L.C

About Us

Sami Khan International General Trading LLC today is a leading name in the Dry food trading business recognized as a one stop destination offering a wide range of premium quality products.

Sami Khan International today is a name reckon with as an importer and distributor of a complete range of dry food products for the food service, wholesale sectors and retail industry.



Our Family History

Our Family Established a trading agency in 1975 by our Great Father Mr. Sharif Khan (late) and small facility was operated from Bannu Khyber Pakhtoon Khawa, Pakistan.

With the vision of developing and promoting the Pakistani Pine Nuts to Export & Domestic Market Mr. Aziz Ullah Khan took over the responsibility to Build up our own processing Factory in Lahore and Fateh Jung Islamabad where we started to produce the production according to buyer's Brand and buyers Requirements. We started to manage all activities such as Peeling, Greeding, Roasting, Packing etc. from through this factory.

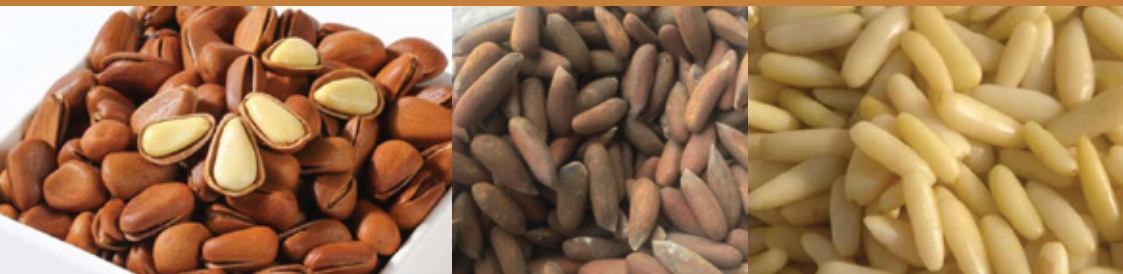
Foreseing the demand in Pine nuts and other home grown dry fruits we started establishing our Office in Dubai which enabled us to reach out the whole world. We now have office and Factory in Pakistan, Office in Dubai, Afghanistan and China.

All of our products are certified by the reputable international laboratories and packing by our trained and expert workers as well.

we welcome all our valued customers, if they want to furnish a contract for the upcoming crops.

We
manufacture
and export
excellent Top
Grade quality
Pine Nuts
Kernel & Pine
Nuts





Inshell is competitive with the international Standards, brands and we offer quite economical price according to the satisfaction of our valued clients all over the world

The growing demand of Pine Nuts in the international market has giving us a chance to achieve a target to our esteemed clients worldwide in 2000 we have Transfer our Head

Office to United Arab Emirates (Dubai) under the leader ship of Mr. Muhammad Raziq. And now after look also by Mr. Samiullah Khan.

We are the best suppliers and exporter mainly of pakistan & afghanistan Origin Pine nuts kernel, and also we collect quality dry fruits from their origin countries and supply it to many other countries, you can reach us with your requirements and expect the best quality dry fruits and nuts. Our offerings Include pinenuts kernel, pine nuts in shell almond, pistachios, cashew nuts, dry apricots, dry figs, Green, Golden and black raisins, dry dates and other food items





OUR VISION

TO DISTINGUISH OURSELVES AS AN ORGANIZATION, COMMITTED TO PROVIDING TOP QUALITY FOOD PRODUCTS FROM AROUND THE WORLD WITH AN ASSURANCE OF TIMELY DELIVERY WITH FRESHNESS AND FLAVOR INTACT.

OUR MISSION

TO HELP OUR CUSTOMERS MEET THEIR NEEDS ON TIME, AT THE MOST COMPETITIVE PRICES. TO ENHANCE AND INTEGRATE OUR PRODUCT SOURCING, DISTRIBUTION, DELIVERY AND IMPROVE EFFICIENCY TO SERVE OUR CUSTOMERS BETTER.

About Pak Pinenuts



A professionally managed family business run by our great father sharif khan. A best selling quality produce lucrative business idea initiated by our Father Mr. Sharif khan has now been handed over to his son now managed by Aziz Ullah khan and his brothers.

We have managed to capture the great market share in exporting Pine Nuts (Kernel), Pine Nuts (in Shell) and various commodities including Dry Dates, Dry Fig, Dry Apricot, Raisin, Pistachio (all kind of

We give great attention to detail in maintaining the quality of our products from harvesting, cultivating from forests in northern parts of Pakistan.

We noticed great demand of our products due to its quality and careful distribution to our clients spanning all over the world. We have enacted our name in international market based on quality, fair pricing, service and delivery to our clients.



PINE NUT PROCESSING MACHINE

Pine Cone Drying Machine

Pine cones can be dried using air drying oven. The drying oven can be heated by steam or electricity. It has efficiency and can dry evenly. Different capacities are designed for this machine.



Pine Nut Roasting Machine & Shelling Machine

For the different purpose and different capacity, there are various roasting machines for choice. Medium nut roasting machine is ideal for commercial use. Mini nut roasting machine is flexible and easy to move anywhere. Pine nuts are covered with hard shell. The removal of shell when consumption is troublesome. Chilgoza seed is cylindrical and 2 to 3 centimetres long. We have specially designed a pine nuts shelling unit for Pakistan customers. The Shelling Unit consists of pine nut grading machine, pine nut shelling machine, and pine nut kernel & shell separating machine. The pine nut grader is mainly used for grading different sizes of pine nuts of any size. Pine nut kernel & shell separator is used for processing pine nuts of any size. Pine nut kernel & shell separator is used for separating kernels from shells after shelling process.





Pine Nut Processing in Pakistan

The Harvest season begins in early September. Local People Collect green cones by self-picking from trees and bury for about a fortnight till the cones open. Or cones are heaped and dried in the sun to allow open. Usually cones from trees are collected by a long pole with an iron hook at the end. The injury is thus caused to the tree. Often men climb up the trees, causing many branches to be broken. The seeds are extracted by knocking cones against the hard surface. After seed extraction, pine nuts are roasted in their shell to improve flavour and shelf life.



Pine Nut Peeling Machine

Shelled Chilgoza nuts have a thin skin can be removed by pine nut peeling machines. The machine can process dried or roasted pine nuts into peeled kernels without damage.





Pinenuts Kernel + shell

Pine nuts are edible kernels extracted from the seed of a variety of species of pine tree. The seeds are typically thick-shelled and grow inside of pine cones that look very similar to the pine cones that grow on more common pines grown for timber. Cone harvesting and extraction and preparation of the kernels are time-consuming and costly - contributing to the high prices at which pine nuts sell.

Pine nuts are highly nutritious and keep well for many months if stored properly in dry, cool conditions and out of direct sunlight. They add interest, flavor and texture to many sweet and savoury dishes. They are a truly natural product - essentially unchanged over centuries - requiring no insecticides or fungicides to either grow the trees or prepare the kernels for market.



By some counts there are as many as eighteen different pine species that have been or are now customarily used as food for humans. Pine nuts have been an important food source for thousands of years. Roman soldiers took them as campaign food when they raided Britain over 2000 years ago. Even before that, Greek authors mentioned pine nut trees as food producers around 300 BC, and it is thought that earlier societies used them and the Black Sea between 6,000 and 10,000 years ago. Botanically pine trees belong to the family of Pinaceae Genus *Pinus* Rosaceae of Genus: *Pinus*. Some other common names are pinon nuts pignoli cedar nuts chilgoza pinyon pine nuts...etc.

Himalayan or Chilgoza pine nuts (*Pinus gerardiana*). Chilgoza pine nuts are a little longer and more slender than any other species. They are harvested from forests and parts of northern area in PAKISTAN and are used locally and available in markets in Europe, Middle East, FAR EAST and elsewhere in Asia.





DRY FIG

Figs are a unique fruit resembling a teardrop. They're about the size of your thumb, filled with hundreds of tiny seeds, and have an edible purple or green peel. The flesh of the fruit is pink and has a mild, sweet taste. The scientific name for the fig is *Ficus carica*.

Figs — and their leaves — are packed with nutrients and offer a variety of potential health benefits. They may promote healthy digestion, decrease your risk of heart disease, and help you manage your blood sugar levels.

This article reviews figs, including their nutrition, benefits, and downsides, as well as how to add them to your diet.

BENEFITS

- 1. Promotes digestive health**
- 2. Rich in antioxidants oxidation.**
- 3. May support healthy blood pressure**
- 4. May support bone health**
- 5. May improve diet quality and aid weight management**



Dry Apricot

Dried apricots are a type of traditional dried fruit. When treated with sulfur dioxide (E220), the color is vivid orange. Organic fruit not treated with sulfur vapor is darker in color and has a coarser texture. ... Small apricots are normally dried whole. Larger varieties are dried in halves, without the kernel or stone.

BENEFITS

- 1. Good Source of Vitamin A**
- 2. Rich in Fiber**
- 3. Good for Your Heart**
- 4. Treasure Chest of Antioxidants**
- 5. Good for Your Blood**
- 6. Good for the Skin**
- 7. It's Diet Friendly**
- 8. It Strengthens Your Bones**



Walnut Kernels + Shells

Walnuts (*Juglans regia*) are a tree nut belonging to the walnut family. They originated in the Mediterranean region and Central Asia and have been part of the human diet for thousands of years. These nuts are rich in omega-3 fats and contain higher amounts of antioxidants than most other foods.

BENEFITS

- 1. Good for the brain**
- 2. Mood-boosting**
- 3. Heart healthy**
- 4. May support weight loss**
- 5. Support a healthy digestive system**



Almonds Kernels + Shells

Almonds contain lots of healthy fats, fiber, protein, magnesium and vitamin E. The health benefits of almonds include lower blood sugar levels, reduced blood pressure and lower cholesterol levels. They can also reduce hunger and promote weight loss.

BENEFITS

- 1. Almonds Deliver a Massive Amount of Nutrients**
- 2. Almonds Are Loaded With Antioxidants**
- 3. Almonds Are High in Vitamin E**
- 4. Almonds Can Assist With Blood Sugar Control**
- 5. Magnesium Also Benefits Blood Pressure Levels**
- 6. Almonds Can Lower Cholesterol Levels**



Dry dates

Dry dates are basically dates without the moisture which make them look harder and shriveled; these are also used for religious purposes during festivals in Indian households. In addition, they are excellent energy boosters and a powerhouse of vitamins and minerals that can help you regain good health.

BENEFITS

- 1. Very Nutritious**
- 2. High in Fiber**
- 3. High in Disease-Fighting Antioxidants**
- 4. May Promote Brain Health**
- 5. May Promote Natural Labor**



Raisins

Raisins are a type of grape that has been dried for around three weeks. Grapes darken as they dry, which gives raisins their dark brown color. A range of grape varieties is used to make raisins. The size, taste and color depend on the type of grape used.

BENEFITS

1. They're full of antioxidants
2. Raisins contain iron, which benefits cardiovascular health
3. They have calcium, which benefits bone health
4. Raisins have small amounts of protein
5. Raisins are a good source of fiber



Pistachio Kernels + Shells

Pistachios are a type of tree nut with numerous health benefits. Pistachios are an excellent source of protein, antioxidants, and fiber. Research suggests that people have been eating pistachios for thousands of years. People consume them today in a variety of dishes from salads to ice creams.

BENEFITS

1. Lowering total cholesterol, LDL cholesterol and non-HDL cholesterol
2. Increasing antioxidants in the blood and decreasing oxidized-LDL
3. Decreasing small dense LDL and increasing phytosterol levels in the blood
4. Providing beneficial anti-inflammatory properties
5. Reducing acute stress by lowering blood pressure, heart rate and peripheral vascular responses



Munaka

Munakka is known as the “Tree of Life” because of its regenerative ability. It has a sweet taste and is generally used as a dry fruit, mostly for medicinal purposes. Munakka is useful for managing constipation due to its laxative property and helps to control acidity due to its cooling property.

BENEFITS

- 1. A great medicine for curing acidity**
- 2. Cures constipation**
- 3. Prevents anemia**
- 4. Strengthens your bone**
- 5. Munakkas for hair**
- 6. Helps in weight gain**
- 7. Prevents cold and cough**
- 8. Increases your brain power**
- 9. For lowering blood pressure**



Caraway seed

Caraway, the dried fruit, commonly called seed, of *Carum carvi*, a biennial herb of the parsley family (Apiaceae, or Umbelliferae), native to Europe and western Asia and cultivated since ancient times. Caraway has a distinctive aroma reminiscent of anise and a warm, slightly sharp taste

BENEFITS

- 1. High in Antioxidants**
- 2. Support Digestive Health**
- 3. Promote Weight Loss**
- 4. May Help Fight Cancer Cells**
- 5. Could Prevent Seizures**
- 6. Stabilize Blood Sugar**



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